



U N I B U D S

The U N S W B u d d h i s t S o c i e t y

Winter Retreat Registration Form

First Name

Last Name

Contact Number

E-mail

Gender

Male

Female

UNIBUDS member

Yes

No

Transportation

Arrange by organisers

By own transport

Dietary Requirements

Retreat Preferences

Attendees will be required to uphold the *Five Precepts*:

1. Refrain from killing.
2. Refrain from stealing.
3. Refrain from lying.
4. Refrain from sexual misconduct.
5. Refrain from use of intoxicants.

Attendees may undertake the *Eight Precepts*, which are the *Five Precepts* and:

6. Refrain from eating at the wrong time.
(The "Right time" is after sunrise and before noon, i.e. no dinner)
7. Refrain from entertainment and cosmetics.
8. Refrain from sitting on high chairs and sleeping on luxurious beds.

Do you wish to undertake the *Eight Precepts*?

Yes

No

Emergency Contact

First Name

Last Name

Contact Number

Note: As a sign of respect to the monastery and to minimise interruptions and inconveniences, all participants **MUST** arrive at the start and stay until the end of the retreat.

Priority will be given to UNIBUDS members who are able to attend the full retreat.

I have read and understood the itinerary and risk involved in joining the UNIBUDS' Winter Retreat. I am responsible for my own health and safety and will not hold the organisers, UNIBUDS, or the monastery liable for any damage or injury sustained.

I give permission for UNIBUDS to use photographs taken during this retreat for promotional purposes.

Signature (Print in CAPITAL Letters)

Date (DD/MM/YYYY)

Please email form to wr.unibuds@gmail.com to secure a place in Winter Retreat!

Last revised: Feb 2015